All Asian Championships International Ballroom and Latin style	Couples	Agegroups	
International style Ballroom 5-dance competition	x	Under 16 years, Youth, Adults, Masters, Grand Masters.	
International style Latin 5-dance competition	x	Under 16 years, Youth, Adults, Masters, Grand Masters.	
International style Ballroom 3-dance competition	x	Under 12 years	
International style Latin 3-dance competition. C-R-J	x	Under 12 years	

All Asian Championships Artistic Ballroom, and Stage dance	Solos	Duos	Couples	Small teams <mark>+Mix ages</mark>	Large teams <mark>+Mix ages</mark>	Showcases <mark>+Mix ages</mark>	
Age groups	Minikids, Juveniles, Juniors, Youth, Adults, Masters, Grand Masters						
Artistic One Dance Waltz	Х	X	X				
Artistic One Dance Tango	Х	Х	Х				
Artistic One Dance Slow foxtrot	Х	X	Х				
Artistic One Dance Viennese Waltz	Х	X	Х				
Artistic One Dance Quickstep	Х	Х	Х				
Artistic One Dance Cha-Cha-Cha	Х	Х	Х				
Artistic One Dance Samba	Х	Х	X				
Artistic One Dance Rumba	Х	Х	Х				

Artistic One Dance Jive	X	X	X			
Artistic One Dance Paso Doble	Х	X	X			
Artistic One Dance Salsa	Х	X	X			
Artistic One Dance Bachata	Х	X	X			
Artistic One Dance Merengue	Х	X	X			
Artistic Argentine Tango	Х	X	X			
Choreographed Dance Show Latin				X	X	X
Choreographed Dance Show Ballroom				X	X	X
Synchronised Dance Show Latin				Х	Х	Х
Synchronised Dance Show Ballroom				Х	Х	Х
Choreographed Dance Show Traditional style				x	X	X
Jazz dance	Х	X		Х	Х	Х
Contemporary/Modern	Х	X		Х	X	Х
Artistic Dance Show	Х	X		X	X	Х
Urban Street Dance Fusion Show				X	X	Х
Acrobatic Dance Show	Х	X		X	X	X
Urban Street dance	Х	X				
Classical Ballet	X	X				